

# St George Family Support Services Fathers' Group



Being a Dad is a very special role and if you are not enjoying being a Dad, are confused, feel inadequate or simply suck at it or whatever the reason, it's time to get with the program! Don't let the opportunity to contribute to your children's development and the experience of a lifetime pass you by.

Research tells us the importance a Dad makes to the lives of children and conversely the pleasure one gets from their children.

It is a lifelong journey together, an experience that changes you forever! It can be a rocky road, one with many twists and turns but one that is the most important and rewarding

challenge of your life irrespective of your circumstances.

The MyDads Group is an opportunity to meet and enjoy the company and support of other Dads while learning to become a better Dad. Hope to see you there.

Mike.

To learn more about the program call us: **Tel. 9553 9100 and come to our introductory BBQ on Monday 5<sup>th</sup> April, 6.30pm at Carlton RSVP by 31<sup>st</sup> March 2011.**

**Bookings are essential.**

*Supporting local families to provide safe children, strong relationships and a healthy and harmonious community*

*Funded by NSW Community Services*